

LOOKING FOR MEALS?

*Located Downtown

LOCATION	SUN	MON	TUE	WED	THU	FRI	SAT
Caring Center* 305 S Detroit Ave		Filling the Void 5 PM			Thursday Night Lights 6 PM (Feb–Dec)	5 PM	
City Lights* 202 N Maybelle Ave Bridge					7–9 PM		
Denver House 252 W 17th Pl	Noon– 12:30 PM	Noon– 12:30 PM	Noon– 12:30 PM	Noon– 12:30 PM	Noon– 12:30 PM	Noon– 12:30 PM	Noon– 12:30 PM
Iron Gate* 501 W Archer St	8:30– 10:30 AM	8:30– 10:30 AM	8:30– 10:30 AM	8:30– 10:30 AM	8:30– 10:30 AM	8:30– 10:30 AM	8:30– 10:30 AM
John 3:16 Mission* 506 N Cheyenne Ave	5 PM	5 PM	5 PM	5 PM	5 PM	5 PM	5 PM
The Merchant Tulsa 605 S Peoria Ave	1 PM		9–11 AM	9–11 AM	9–11 AM	9–11 AM	9–11 AM
Salvation Army* 102 N Denver Ave	Noon–2 PM	Noon–2 PM	Noon–2 PM	Noon–2 PM	Noon–2 PM	Noon–2 PM	Noon–2 PM
Tulsa & Creek Counties Senior Nutrition (Age 60+) 1120 E Pine St		9 AM– Noon	9 AM– Noon	9 AM– Noon	9 AM–Noon	9 AM–Noon	
Vernon AME Church* (To–Go Meal) 311 N Greenwood Ave	1–2 PM	Noon–1 PM	Noon–1 PM	Noon–1 PM	9–10 AM / 1–2 PM	Noon–1 PM	9–10 AM

MORE RESOURCES

NEED SHOWERS?

- ▶ The Merchant Tulsa, 605 S Peoria Ave, **918.260.6605**
- ▶ Be Heard Movement, 7216 E Admiral Pl, **918.992.0212**
- ▶ Tulsa Day Center, 415 W Archer St, **918.583.5588**

HOMELESS STREET OUTREACH TEAM

If you are experiencing homelessness in Tulsa County and are in need of assistance, please submit a Street Outreach Request online at **HousingSolutionsTulsa.org** under "Get Help."

DOWNTOWN TULSA AMBASSADOR TEAM

For Downtown cleaning, safety, and outreach services, call or text **918.202.4093** or email **Service@DowntownTulsa.com**.

EMERGENCY

If you or someone else is hurt or in danger, call **911**.
For the Suicide & Crisis Lifeline, call **988**.